



## **Speaker Bio - Nicola S Morgan**

In challenging situations, we tell ourselves the same negative stories, time and time again. So much so that we paralyse ourselves from taking action.

If you've ever thought to yourself, "That's impossible", "I can't do it" or "I'm too scared", then Nicola S Morgan's keynote is for you.

Working in business or education, entrepreneurship and even your personal life comes with unique challenges. Challenges we're often unprepared to tackle or anxious we cannot overcome. Dreams we believe are too big for us to achieve.

After years of fighting imposter syndrome, Nicola decided to quieten down that negative voice once and for all by attempting to overcome her biggest fear, deep water. Not by just swimming in the sea, but by swimming across the English Channel.

The journey that followed was extremely difficult and pushed Nicola to her limits. However, she has come out the other side with a motivation and emotional resilience that enables her to see beyond those "it's impossible" moments to a place where big dreams are realised. A place that with the right toolkit, you can get to too.

Join Nicola on a journey of resilience as she shares a toolkit of strategies to help you achieve all you've ever dreamed of but never dared to do. Embark on your own journey of resilience today.

*Nicola S Morgan is an entrepreneur, teacher, international education consultant, author, NLP master practitioner and TEDx Speaker.*

*She is the founder of NSM Training & Consultancy, an immersive and practical education training company and The National Education Show a leading education event providing opportunities and new ways to improve and raise standards, enhance learning experiences and support learners.*